

"UCLA: Professor Anna Lau Gains Tenure in Psychology and Asian American Studies"

The UCLA Asian American Studies Center and Department are very pleased to announce that Dr. Anna Lau has been promoted to Associate Professor with tenure in the Department of Psychology at UCLA. She is also an active member of the Faculty Advisory Committee of the Asian American Studies Center, and is an affiliated faculty member of the Department of Asian American Studies.

Professor Lau's research interests include Asian American family development and mental health, parenting in immigrant families, racial disparities in mental health services, and the dissemination of evidence-based mental health treatments to ethnic minority families. She has authored over 40 research articles on these topics in peer-reviewed journals including *Cultural Diversity and Ethnic Minority Psychology*, *Journal of Family Psychology*, *Journal of Marriage and the Family*, and *Child Abuse & Neglect*. Professor Lau has received funding from the National Institute of Mental Health to support her research in the adaptation of parenting interventions for immigrant Chinese American families.

Professor Lau is currently analyzing the results of a preliminary trial of parent training with high-risk immigrant Chinese American families conducted in Chinatown and the San Gabriel Valley. She has proposed a follow-up investigation to examine multiple strategies for enhancing the outcomes of parent training for immigrant families. Meanwhile, she is a consultant to the San Francisco Department of Public Health in their dissemination of evidence-based parenting interventions with immigrant families in several community clinics. Dr. Lau finds great fulfillment in intervention research that helps to translate science into practice in underserved communities.

Born in Kingston, Jamaica and raised in Toronto, Canada, Professor Lau received her B.Sc. in Psychology from the University of Toronto and first came to UCLA to complete her Ph.D. in Clinical Psychology. She did her postdoctoral training at Rady Children's Hospital in San Diego at the Child and Adolescent Services Research Center. She joined the faculty at UCLA in 2003, right around the time she started her other career as a mother to Kasey, age 6, and Cameron, age 2.

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